



Before Action Review (BAR) & After Action Review (AAR)

The Before Action Review and After Action Review are methods for extracting lessons from one task or project and applying them to others. Use this tool with your team to identify both best practices (which you want to repeat) and mistakes (which you don't want to repeat) learned throughout a task or project.

For more information on how best to learn through this approach, read [Learning in the Thick of It.](#)

Task:

Start Date:

Before Action Review (BAR)

What are our intended results and metrics?

What challenges do we anticipate?

What have we or others learned from similar projects? *(Be candid about past failures-focusing on improving performance, not placing blame.)*

What will enable us to succeed this time? *(What practices helped us to succeed in earlier efforts? What worked before that should be tested under different circumstances?)*



Before Action Review (BAR) & After Action Review (AAR)

After Action Review (AAR)	
Intended Results	Actual Results
What caused our results?	
What will we sustain for the next task or project?	
What will we improve on the next task or project?	